How to Develop a Personal Statement for Summer Research

Purpose
• To share your interest and enthusiasm for the specific work you are applying to do
• To demonstrate what you can contribute to the program to which you are applying
• To state the specific lab you want to work in and why
• To state your professional goals and what or how you hope to contribute to this program

First Steps
• Read the personal statement question carefully and analyze what it is asking for
• Visualize your audience: will this be read by a scientist? A physician? An administrator?
• Make yourself as desirable to the selector as possible while being honest about yourself

The Basics
• Your research interests as they relate to the work you are applying for
• Year of study and current major, related academic and career goals, impressive academic credentials

Experience in the Field
• Any special connection to this work such as prior experience or family background
• Something unique about your research interests or an idea that fuels your own research interests.

Your Proposed Contributions to the Program and Benefits of the Program to You
• Personal qualities that would benefit the program, demonstrated through examples
• What you can do for them; what you seek to gain from the opportunity
• How this specific work fits into your academic and research goals

Writing and Mechanics—correct usage conveys your attention to detail
• Use strong word choices, particularly verbs and adjectives
• Use the more powerful “I am,” rather than “I have always been”
• Make positive statements: “I have experience in…” not “I don’t have experience in x, but do have…”
• Craft clear, engaging opening and closing sentences
• Check that the opening statement is supported in the body and consistent with the closing statement
• Organize the statement so it flows from sentence to sentence and paragraph to paragraph
• Proofread for grammar, spelling, paragraph breaks, and correct punctuation

Ask Yourself
• Does this statement show my interest in this specific program, or could it be sent to any program?
• Does this statement describe me specifically, or could any good student in my field use this?

Additional Suggestions:
• Reread the personal statement multiple times out loud for clarity, logic, and flow
• Have someone else read the statement. UMBC writing center: www.umbc.edu/lrc/writing_center.html
• Share your finished personal statement with the faculty member writing your recommendations
• Limit the statement to one and a half to two pages with at least one and a half spacing
• Include a header with your name on each page, which will be numbered as well

Avoid:
• Restating the question/topic, Rewriting your transcript or resume
• Clichés such as “to make the world a better place”; instead, explain exactly how such a lofty goal will be achieved
• Providing unrelated information, e.g., explaining when you learned you were not interested in computers
• Using phrases like “this opportunity will be fun and interesting for me”; focus on what you can contribute
• Any background earlier than high school